

LAURYN EAGLE



With an established career as a model, world champion water skier and professional boxer **Lauryn** pulls no punches about her passion for health and fitness – And does it all with a side of glamour!

Born 11 December 1987, **Lauryn** first established herself as an Australian Champion in Water Skiing. After learning to ski at the age of four she started racing when she was nine years old. In 2003, she placed second in the Junior Division, and at the 2005 World Championships she won the women's division title in the F2 class. In 2006, she won the Australian Speed Championships (U/19) and the Australian Marathon Champs (U/19). She then reached third place in the world rankings at the 2007 World Championship in May in the Formula 1 Division.

After retiring from water skiing in 2008, **Lauryn** took up a career as a professional boxer in 2010. **Lauryn** fought the good fight as a boxer, determined to rise above any knockouts. Her bouts in the ring saw her win the World Boxing Foundation women's super featherweight title in 2012, before bringing it closer to home and claiming the Australian female lightweight title by beating Nadine Brown in 2013. **Lauryn** also participated – and won – a number of promotional fights – including one against Fox FM radio host Matt Tilley in a 'Champ vs Chump' promotion; and another against New Zealand's Nicki Bigwood, as an undercard to former rugby league player Solomon Haulmono's fight.

Dedicated and driven, courageous and charismatic, **Lauryn's** success doesn't stop at sport. She won Miss Teen Australia in 2005, before traveling to Costa Rica and competing in Miss Teen International where she took home the title, along with accolades for Most Photogenic, Miss Congeniality and Best Silhouette. Her modeling ambitions later saw her grace the pages of a number of magazines including Cosmopolitan, Maxim and FHM – where she won the Lara Croft Challenge (involving physical tests such as shooting, running, ropes, ladders, 4-wheel driving and swimming.)

After completing a 6 month NIDA TV presenting course, **Lauryn** pursued work through various TV and radio avenues – including Wide World of Sports, Sports Tonight and Triple M's Grill Team. And when the opportunity presented itself to participate in 2012's Celebrity Apprentice she jumped at the chance. **Lauryn's** hard work placed her in the final four where she was the last female standing.

With her experience as an athlete and her knowledge of the body, fitness and health, **Lauryn** went on to gain her qualifications as a personal trainer and start Eagle Fitness in September 2013.



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19.1k followers



Official Facebook Page
36k followers



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